

Let's consider the concept of



*Carenel Contemplations...*


“Excellence to me means succeeding to the best of your ability and doing your best at what you’re trying to do.”

“Doing well at something that makes you feel proud or good.”

L6 Student

Phoebe, L6

What does the word



mean to you?

“Excellence is the way we, in ourselves, achieve what we know is best for us. Our excellence is our brilliance and the things about us that are unique and brilliant in their own way.”

J, L6 Student

**monday meaning**

## Tuesday Talks



Excellence is the gradual  
result of always striving to do  
better.

Pat Riley



Talk to a friend, family member or someone in college about the idea of excellence.

- **How can you achieve excellence?**
- **Is it possible to excel in all things?**
- **In what ways do you think Carmel College strives for excellence?**



# THE WORD WEDNESDAY

**BUT AS YOU EXCEL IN EVERYTHING  
- SEE THAT YOU EXCEL IN THE  
GRACE OF GIVING.**

**2 CORINTHIANS 8:7**

*Carmel Contemplations...*



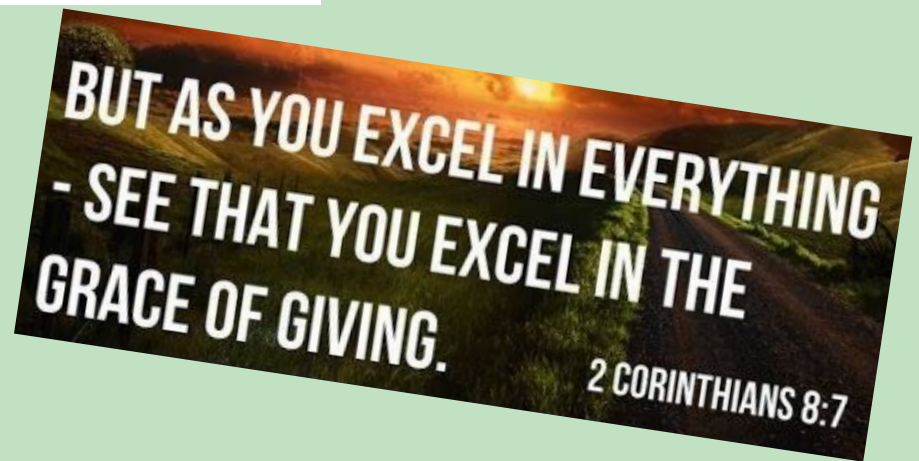
# THURSDAY THOUGHTS...

Humans by nature tend to be selfish beings.

When we think of 'excellence' we often think of our own skills and

capabilities— excelling in our studies, at our hobbies or competitions.

In this passage, Paul is encouraging the Corinthians and pushing them to excel in giving as well.



**BUT AS YOU EXCEL IN EVERYTHING  
- SEE THAT YOU EXCEL IN THE  
GRACE OF GIVING.**  
2 CORINTHIANS 8:7

**Do you think personal excellence can truly be achieved without a consideration of others and what you can give to the world?**

# How will YOU strive for excellence this year?

Friday FEELS...

Write down all the things you want to excel at this year, that might include your academic studies, or personal goals.

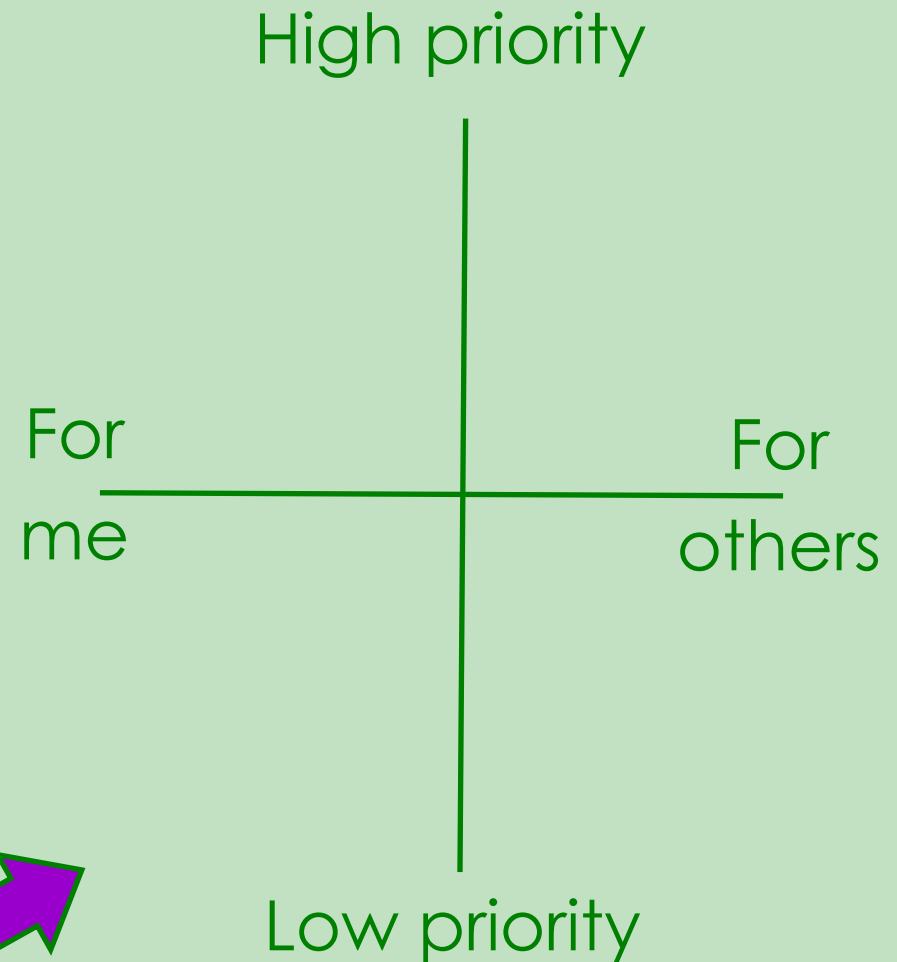
- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Now look over your list.

How many of the items are for YOU?

How many things are for the good of others or the community?

How are you going to prioritise?



*Use the grid here to review your choice.*  
What do you think this means?