



PROGRAMME INFORMATION GUIDE

Elite Athlete Support Programme

Part of UK Sport's Talented Athlete Scholarship Scheme



HELPING TALENT SHINE
IN EDUCATION AND SPORT



WELCOME

CARMEL COLLEGE IS ONE OF THE TOP 5 SIXTH FORM COLLEGES IN THE COUNTRY

Carmel College is a Catholic Sixth Form College welcoming student of all faiths from all backgrounds.

We are committed to developing a community where each student is enabled to reach their potential feeling supported, safe and happy during their time here.



The continued growth and success of Physical Education and Sport at Carmel College has resulted in a significant increase in the number of elite performers starting courses at the college. With excellent examination results and outcomes for students we are proud to have been recognised by Sport England as a Dual Career Accredited Centre because of how we support the differing needs of these athletes via our...

Elite Athlete Support Programme.

The programme, part of the college High Achievers Programme, (HA+) is designed to help national standard athletes achieve their full sporting potential whilst ensuring that chances of academic success are maximized. To date we have had a range of athletes benefit from the programme, including a Taekwondo champion, Rugby Academy Scholars and athletes on the UK Athletics Elite Development pathway.



OUTSTANDING
Ofsted 2019

"Students strive to achieve the very high standards their teachers set. They make excellent progress, achieve their qualifications and progress to aspirational destinations."

You can view the Carmel College's full OFSTED Report by scanning the QR code.



Congratulations to Sale Sharks player and former Carmel student and TASS athlete Lizzy Duffy on her selection for the Englands Womens Six Nations Squad for 2023. Lizzy studied a BTEC Sport Diploma at Carmel College 2019-2021



ATHLETE BENEFITS

Applications

Students will need to apply to access the programme after enrolling at Carmel College.

To qualify for the full programme, athletes must be competing at an elite level through being selected by their national governing body (or equivalent) and should be representing their country or region in their chosen discipline.

Students on the programme will receive a range of support, specific to their needs.

Facilities

As a Carmel College TASS athlete, students enjoy the benefits of priority access to our extensive training facilities during college hours. Following a short induction, athletes may sign in to use the gym for their own training programmes, or may opt to speak with our strength and conditioning staff who can help tailor sessions to specific needs.



Lifestyle management Support

We recognize that the demands of balancing academic study and high performance sport can sometimes prove challenging. Students at Carmel who enroll for the Elite Athlete Support Programme will be invited to our timetabled sessions focused on Lifestyle management and the expectations and pressures of being a Dual Career Athlete.

These sessions are designed to support athlete development and academic progress and provide students with opportunities to share experiences with other high achieving performers.

Online resources

Where athletes are required to have extended time away from College to train or compete, online resources will be made available to help support academic courses.



Carmel College TASS Alumni



Lucy Cunliffe



Shauna McKay



Lizzy Duffy



Jonny Vaughan



Ethan Flaherty

MEET THE STAFF

Sean Kehoe

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TASS Co-Ordinator

Simon Verry

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Head of Department

Kate McDonnell

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Mentoring

All Athletes will have access to a mentor based within the Physical Education Department who will be available to provide personalised athlete support.

This support is aimed at helping athletes cope with any pressures which develop throughout their time at the College.

Support workshops

Athletes who miss some element of their academic programme as a result of their sporting commitments will have the opportunity to revisit work through a range of additional academic workshops. Guest speakers also deliver individualised workshops to athletes on a variety of topics, such as media training.

Individualised timetables

Where possible, athletes will be able to customise timetables to ensure that the impact of regular commitments is minimised. Individual requirements will be considered when planning courses and it may be possible to streamline some elements of a programme.

How to apply

Athletes who wish to apply for the programme or who would like to discuss it further are asked to contact our Elite Athlete Co-Ordinator:

Simon Verry on sport@carmel.ac.uk.

Alternatively you can call the college on:

01744 452 200

