

Name _____

Date _____

Learning Styles Questionnaire

Look at the THINGS TO LEARN and then decide if you would prefer choice A, B or C. Circle your choice.

THINGS TO LEARN	CHOICE A	CHOICE B	CHOICE C
1) Times table	Cover over and picture it V	Saying out aloud A	Adding on fingers K
2) Spelling a word	Write it down K	Imagine what it looks like V	Saying each letter out A
3) Learning a foreign word	Repeating it out loud to yourself A	Writing it out over and over again K	Looking at a picture next to the word V
4) Learning a history fact	Watch a video V	Listen to a person on a radio explaining what happened A	Role play- act out what happened K
5) Learning how something works	Take the object apart, try and put it back together K	Look at a diagram or picture on the board V	Listen to a speaker telling you about it A
6) Learning a story	Tell someone else the story A	Draw pictures/cartoons to tell the story K	Imagine the story V
7) Learning a new sport	Watch a demonstration V	Repeat back instructions to the coach A	Do it K
8) Learning a new move on the trampoline	Coach supports you through the move to feel how to do it K	Look at diagrams of the moves on flashcards V	Talk through the movements with a friend A
9) Learning how to use a new tool in the workshop	Watch a friend demonstrate how to use it V	Teach someone else how to use it A	Try using it, under supervision K
10) Learning how to make a cake	Look at the instructions on the packet V	Listen to a tape about what to do A	Try to make it K
11) Learning to count in a foreign language	Sing the words A	Look at posters/cards V	Play French bingo K
12) Learning how the eye works	Listen to a doctor telling you A	Make a model K	Look at a diagram of the eye V

Now total up the VAK scores.

Which is your personal learning style?

V

A

K