**Curriculum Vitae Ms/Mr Stu Dent**

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Personal Profile

 I am a self- motivated, hard working polite individual who takes work and tasks on with a positive attitude. This is because I understand that work and tasks will enable me to become successful in my chosen career. I like to work individually and I also like to work in a team. I have developed the skills I need to do this. When working in a team I like to motivate other individuals so they can see a positive outlook to there work/ task. People often recognise me for being ambitious, creative and having a great personality especially when it comes to my input in things. I am always willing to learn new things, and like to do difficult tasks to challenge me. Also, I follow instructions well that someone has given me. When giving a task or work to do I always complete them on time before any deadlines. I always complete them to the best of my abilities and can work under pressure well. I have excellent skills in Mathematics, English, Spanish and Health and Social care. My strongest area in particular is Health and Social and English.

**Education and Qualifications**

**Bently High School** 2013-2018

* 10 GCSEs: (grades 6-3) including, English (7), Maths (5), Science (5).

**Carmel College Sept 2018 to date**

 2018-present

Currently studying:

* BTEC Diploma Dual Health and Social Care
* BTEC Sub Diploma Applied Science

**Work Experience**

I'm currently looking for my first part-time work position that can coincide with my studies at college and develop key personal and employability skills.

I will be undertaking my first work placement at a local Primary school starting in November 2019 to help me to apply the Health & Social theory in the classroom to practice in the setting. I also hope to further develop my communicational, personal and employability skills during this placement.

**About me: Skills profile**

In my spare time, I like to dance. I attend a dance school and also I teach children how to dance to. this is the main sport I like to do as well as boxing. I have been in this active sport since I was a child. I really enjoy reading and researching about different topics that relate to everyday life. my favourite books to read are horrors, romantic and comedies. to keep myself in a healthy shape I like to go swimming and run as well as dance and box. The main interest I have is to always help people if they need help. I love to be an understanding person and be there for individuals who need me. I take into account of peoples situations and problems. Also, I love spending my spare time with my family and friends because they are positive influences in my life.

I am confidently able to work as part of a team as I have had plenty of experience doing this is many different situations, I am confident in expressing my ideas to my team members whilst also listening to theirs. I am also confident in working independently and completing any tasks given to me.

**Voluntary experience**

I am currently volunteering at Knotty Ash Care Home where I help look after the residents, I help them by providing drinks and I take part in the various forms of daily entertainment. In undertaking this voluntary role, it allows me to build upon my independent skills as I often am left to communicate and entertain the residents on my own. This role also allows me to build on my practical skills needed for my health and social care course.

During the summer I took part in the programme NCS where I built upon numerous skills. I was set the task of taking on a leadership role and navigating my team back to our camp for the night, this strengthened my ability to be confident in making decisions whilst also encouraging my team members. I also gained new creative skills and built upon my ability to work as part of a team as we volunteered at Everton Park by cleaning it up for the public. I finished the programme as a stronger individual with an improved ability to communicate with the public and those around me.

**Achievements**

I took part in and successfully completed a first aid course.

From an early age I have enjoyed playing music, I have played both piano and oboe. This led to my joining of both the school orchestra and the choir. Playing these instruments taught me to be organised and how to balance my work and practice.

I took part in the school CAFOD Club, where we raised money for the school we supported in Ghana and provided them with better educational facilities and equipment. Charity work is something I am passionate about as I am a strong believer in giving back to the community surrounding me.

References

Pam Maggs Head of Department Health & Social Care pam@carmel.ac.uk

Charlotte Jones NCS Manager cccccjones@ncsor .uk