**BTEC Diploma in Health & Social Care Year 1. - UNIT 6/44**

This point in the year is an opportunity for you to review your progress and skills development.

1. Write a piece reflecting upon and evaluating your development over the past few months. (see answer framework below). Print this off and put it in your file, also upload a copy to Connect.

*Answer Framework for Task 1 above*

Title: **Reflecting and Evaluating My Development from entry to the BTEC H & Sc course in September 2019 to March 2020**

Sub title: **My Values and Aspirations**

Are your values changing? If you consider they have why has this occurred and what has influenced these changes?

Have your career aspirations changed? Has anything strengthened your career aspirations?

If you have not got a clear career aim, have you done anything to assist you in developing your ideas? Eg careers interview.

Are there any actions you need to be taking towards your career aim? Completion of work experience, voluntary work, UCAS research, research into how to complete your personal statement.

Subtitle: **My Personal Learning**

**Knowledge** **& Skills for Learning** –

What have you studied? Has your knowledge developed? What do you know now that you did not know at the start of the course? What has influenced this? Is there anything you need to do to further develop your knowledge of the topics covered?

Have there been any key influences on your learning during the course so far?

Have you made effective use of the learning opportunities and support for learning?

Look at the skills for learning. Have any of these developed during the course so far in year one? Are there any skills you could work on?

**Skills** - Reflect on any changes in your skills - working with others, Technical skills, Research skills, Personal organisational & time management skills, Personal Presentation skills. Communication skills. - Have your skills developed in these areas?

What has influenced these changes?

Where you have developed these skills?

What skills do you need to work on? When?

**The H & Sc Theory you have learned so far and during Work Placement –** Reflect all the learning that has taken place for each of the units you have studied (unit be unit). Identify each unit title and reflect on you development and achievement for each unit.

What grade did you achieve on first submission and resubmission of work if applicable? What have you learned? What were the challenges you faced when completing this unit? How did you address/overcome these challenges? Effectively of not? What were your strengths and areas for development?

Where have you been out on work placement this year (reflect on all 2 placements) ? What is the client group/age range you have worked with? How have these work placement developed your knowledge and skills over the past year?

Give several examples from your work experience placements showing the links between theory (learned in class) and practice (what happens in the work place) unit by unit ie Equality and Diversity; Communication; health & safety etc.

Sub title: **Review and assessment of My Action Plan.**

Are your goals clear?

Do you need to make changes?

Do the actions need to be more detailed and specific? Have you got dates for the overall goals and review of each action?

Is your action plan up to date?

Have you meet your deadlines for monitoring and reviewing these?

What has affected the progress against your personal goals and targets?

If you have made changes to your goals, what are the reasons for these changes?

Sub title: **Reflection**

Have you made regular entries in your work placement logs?

How often have you made recordings in placement 1 & 2?

Do you need to change the frequency of your recordings? If so why?

Have you read your previous reflections before writing this reflection? If you did was it useful? If not why didn’t you?

Sub title: **Actions based on my reflection**

Identify any actions you need to undertake for the rest of the year based upon your reflection.

Do you need to add any of these actions to your action plan? If yes add them.