**BTEC National Diploma Health and Social Care – unit 4 Answer framework**

**Assignment 1**

You are a reporter on a popular National Magazine that covers a wide range of topics including a health and Wellbeing section. You have been asked to write an article focusing on the life of a celebrity individual. You should investigate all areas of their life so that you are able to discover all that you can about the famous person of your choice.

Before you start this assignment, you need to choose a person and gather as much information on them as possible. What was there childhood like, do they have any health conditions etc? Your individual does not have to be alive now, but you will need to write about all the stages that most people will pass through so if your celebrity has not reached old age, you will need to say what would normally have happened based on research.

This assignment will provide evidence for:

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| --- | --- |
| P1 | **Describe** physical, intellectual, emotional and social development for each of the life stages of an individual. |
| P2 | **Explain** the potential effects of five different life factors on the development of an individual. |
| M1 | **Discuss** the nature/Nurture debate in relation to the development of an individual |
| D1 | **Evaluate** how nature and nurture may affect the physical, intellectual, emotional and social development of two stages of the development of an individual. |

**Task 1**

Assignment heading: **The Human Lifespan**

You need to write an introduction to the assignment, something like this:

Heading: **Introduction**

**This article is an investigation into the process of development through the life stages and the effects of a range of factors both biological and environmental on the development of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(**fill in your individual’s name**).**

Heading: **Development in the life stages**

Start with an **explanation** of the terms **Growth** and **Development** and how they are different.

Briefly **explain** that there are different areas of development: Physical, intellectual, emotional and social giving a definition of each.

**Identify** the different life stages including ages that a person passes through.

You are now going to take each life stage and describe the physical, intellectual, Emotional and Social development of an individual within that stage.

Before you start, you need to say which stages your famous person has gone through and which ones they still have to go through or would have gone through if they were still alive (everyone’s famous person will be different), for example:

**Although \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_stage, he/she has already passed through\_\_\_\_\_\_\_\_\_\_\_\_\_ and will, in the future develop through the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_stage/stages. This has been his/her journey so far………**(use pictures of the famous person where you can e.g. if you have baby or childhood ones, use them in the appropriate places).. You can also use graphs and charts to show normal growth and development.

When you get to the stage that your famous person is at, before you move to the later stages, you will need to firstly say that your person is currently in this stage and will be moving through the others in the future. If your person is not alive anymore, explain that if they hadn’t died, they would have developed through the following stages.

Heading: **Conception**

Using your research from the presentations, textbook, and internet, write a paragraph **describing** what happens at this stage. You can include images to highlight the information.

Heading: **Pregnancy**

Using your research from the presentations, textbook, and internet, write a paragraph **describing** what happens at this stage. You can include images to highlight the information.

Heading: **Birth and Infancy – 0-3**

Using your research from the presentations, textbook, and internet, write a paragraph **describing** what happens at this stage with each area of development. You can include images to highlight the information.

Sub-heading: **Physical Development**

**Explain** that birth takes place about nine months following conception.

**Explain** that babies are born with primitive reflexes **– identify** and briefly **explain** what they are.

**Describe** the gross and fine motor skills that develop during this stage.

Using your research from the internet, presentations and textbooks, write a piece to **describe** the key physical developments at this stage – focus on the main milestones from the tables.

Sub-heading: **Intellectual Development**

**Explain** that a key theorist in intellectual development was Piaget and he suggested that intellectual development is a process of maturation. **Explain** about Assimilation and Accommodation – and that infants and children learn through experience.

**Explain** that Piaget said that our thinking develops through stages and that infants are in the Sensori-Motor stage. You need to **explain** the key features of this stage including the gaining of Object permanence at 8 months.

Now cover language development – **Explain** that Chomsky (1959) and Pinker (1994) both believed that the ability to develop language is genetically programmed and that language develops due to maturation.

**Identify** the key stages of language development up to 3 years.

Sub heading: **Emotional Development**

**Describe** the characteristics of emotional development at this stage.

Include information about Attachment in this section and the work of John Bowlby – **identify** the stages of attachment in infancy.

Sub heading: **Social Development**

**Describe** the social development of children in infancy – interaction with carers.

Heading: **Childhood – 4-9 years**

Sub heading: **Physical Development**

**Identify** the key physical developmental milestones.

Sub heading: **Intellectual Development**

Briefly **explain** Piaget’s pre-operational and concrete operational stages.

**Describe** the key areas of language development from 4 years and onwards.

**Describe** emotional development at this stage and include information about understanding the self and others.

Sub heading: **Social Development**

**Describe** social development at this stage – first social learning and then how play develops (look at the stages)

Heading**: Adolescence – 10-18**

Sub-heading: **Physical Development**

The key physical changes you will cover here is puberty. Don’t forget to **describe** the changes that occur in both genders.

Sub-heading: **Intellectual Development**

Briefly **explain** Piaget’s formal operational stage.

Sub-heading: **Emotional Development**

**Describe** the key features of emotional development at this stage – don’t forget to include information about IDENTITY in this section.

Sub-heading: **Social Development**

**Describe** social development including secondary social learning – peers, media etc

Heading: **Adulthood – 19-65 years**

Sub-heading: **Physical Development**

You may find it easier to split this into young and older adults. Remember to **describe** in detail the physical changes that occur in the later stages of adulthood (age 40+ years including the menopause in women).

Sub-heading: **Intellectual Development.**

**Describe** how adults do not stop learning - **describe** the opportunities for learning and the things they have to do in life that stimulates their thinking.

Sub-heading: **Emotional Development**

**Describe** emotional development and include information about Intimacy and staying involved.

Sub-heading: **Social Development**

**Describe** the key features of social development and include interacting with carers.

Heading: **Older Adulthood – 65+ years**

Sub-heading: **Physical development and changes in Older Adulthood**

Describe the physical changes that may occur, for example changes to the skin and the development of wrinkles. See pages 163-166. Summarise the main physical changes.

Sub-heading: **Intellectual, Emotional and social development**

It’s fine just to have one main sub-heading for these three areas because they link.

Emotional development – Erikson – **Explain** the stage called ‘making sense of your life’ page 143 Stretch and Whitehouse. You should find alternative references for this info.

Social development – following retirement……..time to do new things…..Stretch and Whitehouse pg142.

Sub-heading: **The final stages of life**

Use the information from the textbook page 139 to describe the final stages of life – we will look at ageing in much more detail in assignment 3.

**PLEASE USE PICTURES OF YOUR FAMOUS PERSON WHENEVER APPROPRIATE**

Heading: **The influence of Nature and Nurture on\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_’s** (insert name) **development**

You need to start the section off with an introduction to the Nature/Nurture debate.

Sub-heading: **An introduction to the Nature/Nurture debate and the life factors that affect human growth and development**

Give an overview – explain that it is a debate based on the influences of our genetics and biology versus social, economic and environmental influences. You need to explain about the process of **maturation,** how we are pre-programmed to develop, however genetic, biological and environmental factors play a part in the final developmental outcomes. E.g.

**There is a range of factors that affect how an individual grows and develops throughout their life…………………**

You need to summarise the textbook pages 148 to 158 and use the powerpoints on Connect to briefly cover all the factors that potentially affect growth and development.

You then need to explain that both Nature and Nurture are responsible for an individual’s development.

You need to give examples to highlight how Nature and Nurture affect eachother. For example, if a child is pre-programmed to mature and develop through Piaget’s stages of cognitive development, if they are not surrounded by a stimulating environment such as access to play and toys, they will never reach their potential. Socioeconomic factors such as a family’s income could affect a child’s development. Use your own examples.

You then need to give examples of the Nature/ Nurture debate in relation to your famous person by doing the following:

Choose **two life stages** for your individual and **evaluate** how Nature and Nurture have affected their Physical, Intellectual, Emotional and Social development.

Sub-heading: **An evaluation of how Nature and Nurture may affect the Physical, Intellectual, Emotional and Social Development of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**(insert name)

It would be a good idea to choose two stages that between them include a factor from each category - **Genetic** e.g. cystic fibrosis or asthma/ **Biological** influences before birth e.g. maternal diet/ **Environmenta**l influences e.g. housing or pollution/**Socioeconomic** factors e.g. family income or education/**Lifestyle**, e.g.smoking, alcohol or exercise). Look over all the factors on the powerpoint or in the textbook.

Don’t worry if your famous person has not been affected by a factor from all of the categories, just choose 5 that you know for sure they have experienced.

In order to evaluate how Nature and Nurture may affect the physical, intellectual emotional and social development of your famous person at two different life stages, you need to ask yourself the following questions for **each chosen** life stage E.g.

**Life stage 1**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(insert name of life stage)

**Physical Development**

1. How has each factor affected the person’s Physical development? Which category of factor do they fall into?

1. Overall, which factor has had the most influence on their physical development and why? Is it Nature or Nurture?

**Intellectual Development**

1. How has each factor affected the person’s Intellectual development? Which category of factor do they fall into?

1. Overall, which factor has had the most influence on their Intellectual development and why? Is it Nature or Nurture?

**Emotional Development**

1. How has each factor affected the person’s Emotional development? Which category of factor do they fall into?

1. Overall, which factor has had the most influence on their Emotional development and why? Is it Nature or Nurture?

**Social Development**

1. How has each factor affected the person’s Social development? Which category of factor do they fall into?

1. Overall, which factor has had the most influence on their Social development and why? Is it Nature or Nurture?

Do the same for Life stage 2. E.g.

**Life Stage 2**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(insert name of life stage)