**BTEC Diploma Health & Social Care**

**BTEC– Unit 25**

**Assignment 2**  **Submission date** …………………………………

**P2 Explain the potential impact on self-concept of three major life changes**

**Task: You are asked to produce a case study report on the impact changes experienced by one of your clients on their self-concept and self-esteem. You have chosen to base your case study on following client.**

*Ian is 63 years old man and worked as a salesman in a furniture store for 30 years. Ian loved his work and enjoyed meeting the customers and chatting to his colleagues, but he lost his job due to redundancy 3 months ago and has yet to find another job. He has lived on his own since the sudden death of Alison his wife from a heart attack 12 months ago. Shortly before Alison’s death, his daughter Joanne emigrated to Australia to live with her Australian boyfriend; unfortunately, she was unable to return home for her mother’s funeral, although she does try to telephone her dad once a week and has recently told Ian he is to be a grandfather in five months’ time.*

**Keywords**

Explain – Set out in detail the meaning of something, with reasons. Start with the topic then give ‘how’ or ‘why’

**Remember for all of your BTEC Health & Social Care Coursework**

***Self- check: Tick the boxes when you have checked that have completed each task***

* **Font Style**: Comic Sans
* **Header**: Your name, unit number & Assignment number.
* **Bold and underline the title it should be in the centre of the page.**
* **Have you completed all the necessary steps?**
* **Proof read and spell check all of your work before submission for assessment.**
* **Save any work to the hard drive on your computer from USB. Email copies of your work to yourself as an attachment.**

***Top Tips :***

***Ensure your work is referenced using a variety of sources.***

***Make sure you are putting information into your own words.***

**Title: A case study to explain the impact of life events on self-concept and self-esteem.**

Define what is meant by the term life events.

**Explain** how change can create uncertainty, create a need for new learning, a sense of loss and alter a person’s self-concept.

Give an overview of Transition and grief theories

Explain that you are going to examine the effects of three life events using Ian as a case study.

Copy the case study into your work.

Now identify the three life events you are going to explore.

**Explain** Holmes Rahe scale and how this may indicate that Ian may be at risk.

**Explain** how the stress of these changes may have affected Ian – remember to include a definition of stress.

Identify how the life events experienced may affect Ian’s PIES.

For each life event use the theories of transition and grief to **explain** why Ian may have reacted in the way he has including how and why this will have affected his self- concept and self- esteem.

***Don’t forget to reference your work and include your bibliography***