**BTEC National Diploma Health and Social Care – unit 4 Answer framework**

**Assignment 3**

This assignment will provide evidence for:

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| P2 | **Explain** the potential effects of five different life factors on the development of an individual. |
| M1 | **Discuss** the nature/Nurture debate in relation to the development of an individual |
| D1 | **Evaluate** how nature and nurture may affect the physical, intellectual, emotional and social development of two stages of the development of an individual. |

You are a reporter on a popular National Magazine that covers a wide range of topics including a health and Wellbeing section. You have been asked to write an article focusing on the life of a celebrity individual. You should investigate all areas of their life so that you are able to discover all that you can about the famous person of your choice. You must use one of the following celebrities.

To start this assignment, you need to choose a person and gather as much information on them as possible. What was there childhood like, do they have any health conditions etc? Your individual does not have to be alive now, but you will need to write about all the stages that most people will pass through so if your celebrity has not reached old age, you will need to say what would normally have happened based on research.

**Task 1**

**PLEASE USE PICTURES OF YOUR FAMOUS PERSON WHENEVER APPROPRIATE**

Heading: **The influence of Nature and Nurture on\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_’s** (insert name) **development**

You need to start the section off with an introduction to the Nature/Nurture debate.

Sub-heading: **An introduction to the Nature/Nurture debate and the life factors that affect human growth and development**

Give an overview – explain that it is a debate based on the influences of our genetics and biology versus social, economic and environmental influences. You need to explain about the process of **maturation,** how we are pre-programmed to develop, however genetic, biological and environmental factors play a part in the final developmental outcomes. E.g.

**There is a range of factors that affect how an individual grows and develops throughout their life…………………**

You need to summarise the textbook pages 148 to 158 and use the powerpoints on Connect to briefly cover all the factors that potentially affect growth and development.

You then need to explain that both Nature and Nurture are responsible for an individual’s development.

You need to give examples to highlight how Nature and Nurture affect eachother. For example, if a child is pre-programmed to mature and develop through Piaget’s stages of cognitive development, if they are not surrounded by a stimulating environment such as access to play and toys, they will never reach their potential. Socioeconomic factors such as a family’s income could affect a child’s development. Use your own examples.

You then need to give examples of the Nature/ Nurture debate in relation to your famous person by doing the following:

Choose **two life stages** for your individual and **evaluate** how Nature and Nurture have affected their Physical, Intellectual, Emotional and Social development.

Sub-heading:

**An evaluation of how Nature and Nurture may affect the Physical, Intellectual, Emotional and Social Development of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**(insert name)

It would be a good idea to choose two stages that between them include a factor from each category - **Genetic** e.g. cystic fibrosis or asthma/ **Biological** influences before birth e.g. maternal diet/ **Environmenta**l influences e.g. housing or pollution/**Socioeconomic** factors e.g. family income or education/**Lifestyle**, e.g.smoking, alcohol or exercise). Look over all the factors on the powerpoint or in the textbook.

Don’t worry if your famous person has not been affected by a factor from all of the categories, just choose 5 that you know for sure they have experienced.

In order to evaluate how Nature and Nurture may affect the physical, intellectual emotional and social development of your famous person at two different life stages, you need to ask yourself the following questions for **each chosen** life stage E.g.

**Life stage 1**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(insert name of life stage)

**Physical Development**

1. How has each factor affected the person’s Physical development? Which category of factor do they fall into?

1. Overall, which factor has had the most influence on their physical development and why? Is it Nature or Nurture?

**Intellectual Development**

1. How has each factor affected the person’s Intellectual development? Which category of factor do they fall into?

1. Overall, which factor has had the most influence on their Intellectual development and why? Is it Nature or Nurture?

**Emotional Development**

1. How has each factor affected the person’s Emotional development? Which category of factor do they fall into?

1. Overall, which factor has had the most influence on their Emotional development and why? Is it Nature or Nurture?

**Social Development**

1. How has each factor affected the person’s Social development? Which category of factor do they fall into?

1. Overall, which factor has had the most influence on their Social development and why? Is it Nature or Nurture?

Do the same for Life stage 2. E.g.

**Life Stage 2**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(insert name of life stage)