**BTEC Diploma Health & Social Care – Unit 4**

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| ASSIGNMENT 4 **Submission date**:  Following your success in writing for the Health Visitor you have been asked to write an article for Elderly Care about the theories of ageing and their application not only to the development of an individual but also their influence on Health & Social Care provision. |

**Before you start this assignment -** you will need to gather information on the theories of ageing. This will enable you to fully reference your work. A starting point is to read:

Stretch & Whitehouse Health & Social Care Level 3 book 1. Pages 170-171.

Walsh M (2011) BTEC National Health & Social Care Level 3. Collins. London - pages 186 – 189.

Rasheed E et al (2010) Health & Social Care. Hodder. Abingdon – pages 94-97.

***See also the power point which has also a list of useful websites and the resources on Connect***

**Assignment 4 TASK 1**

You need to explain the theories of ageing and evaluate the influence of disengagement and activity theories on health and social care provision

**This provides evidence for UNIT 4 – P4, D2**

**Assignment 4 TASK 2**

Using the case study about Beatrice you need to discuss disengagement and activity theory in relation to Beatrice.

**This provides evidence for UNIT 4 – M2**

**Criteria to be met by assignment 3**

**P4 unit 4** – Explain two theories of ageing

**M2 –Unit 4** -Discuss two theories of Ageing in relation to the development of an individual.

**D2 unit 4 -** Evaluate the influence of two major theories of ageing on health and social care provision.

**Key Command Words**

**Explain** – Set out in detail the meaning of something, with reasons. Start with the topic then give ‘how’ or ‘why’.

Discuss – Provide a thoughtful and logical argument to support the case you are making

**Evaluate** – Review the information and then bring it together to form a conclusion. Give evidence to support each of your views or statements.

**Remember for all of your BTEC Health & Social Care Coursework**

**Task 1**

*You are now ready to start your work. Follow the structure below to help you. Ensure your work is referenced using a variety of sources. Make sure you are putting information into your own words.*

1. **Title: Theories of Ageing**

Explain what a theory is.

*Make you give a referenced definition*

Briefly explain what the theories of ageing are trying to do.

Explain there are two types of theories used to explain ageing

1. **Subtitle: Biological Theories of Ageing.**

Now list the biological theories of ageing.

For each theory give a brief explanation.

1. **Subtitle: Psychosocial Theories of Ageing.**

Now list the psychosocial theories of ageing.

For each theory give a very brief explanation.

Explain that you are going to look at Disengagement & Activity Theory in more detail as you feel these link strongly to how a person approaches the ageing process and that these influence the care that is provided for the elderly..

1. **Subtitle: Disengagement theory of ageing.**

Who were the key writers of this theory?

What does the theory suggest?

What are the weaknesses / criticisms of the theory?

1. **Subtitle: Activity theory of ageing.**

Who were the key writers of this theory?

What does the theory suggest?

What are the weaknesses / criticisms of the theory?

***Criteria being met P4***

1. **Title** **An Evaluation of how the disengagement and activity theories of ageing influence health and social care provision.**
2. Before you start you need to identify that people are living longer and many are healthy and independent into their eighties and beyond. Explain that not everyone will want to retire from paid employment.
3. Explain the once people reach retirement age they are entitled to a state pension, identify that some people will also have private pensions which will increase the amount of money they have available.

Why might having a private pension may reduce disengagement and promote activity?

1. Identify other benefits that the elderly are entitled to. (see powerpoint)

Why might these prevent disengagement and promote activity? (see powerpoint)

*For the next part - Use the book p171 and look at the section titled - Ageing and health and social care provision as a starting point, along with the work we have done in class.*

1. Explain in your own words that the majority of people will want to remain in their own home for as long as possible and what services can be provided to support this.

Identify the others types of care/housing to support the elderly.

What is good about the different types of care available to support the elderly? What are these types of care trying to do?

The way Health & Social Care Provision is currently set up, does it give people opportunity to keep active and engage with activities? – give examples how this may happen in each type of care. *(see powerpoint)*

How does home care help to maintain activity and prevent disengagement

How does Sheltered accommodation maintain activity and prevent disengagement?

Hoe does Residential Care maintain activity and prevent disengagement?

Will they have the opportunity to maintain links with their old life? How? If not why not?

What sorts of things do they do in residential care?

Do people living in residential care have the same opportunities as they do with their family or do people in care homes have more opportunity than people being cared for by their family?

1. Subtitle**: Conclusion.**

Are the elderly encouraged to remain active in order to prevent excessive disengagement or would they be expected to withdraw?

Give reasons for your opinion here.

**(*Criteria being met in this section U4 D2)***

**Don’t forget to make sure this work is well referenced and has a bibliography.**

**Task 2**

Complete the table which is available on Connect, discussing how the theories relate to Beatrice the boxes will expand as you type. Don’t forget to include references and a bibliography.

**Don’t forget to make sure this work is referenced and has a bibliography.**